



**Coaching Session for** \_\_\_\_\_

**Date** \_\_\_\_\_

**~~ Background ~~**

Spiritual Gifts:

Training & Experience:

Formal Training:

Training Seminars:

Experience (Volunteer & Paid):

**~~ Purpose & Goals ~~**

Life Mission:

Life Goals:

Action Steps:

Annual Goals for \_\_\_\_\_:

Action Steps:

Monthly Goals for \_\_\_\_\_:

Action Steps:

**~~ Summary of last session ~~**

Victories:

Challenges:

Action Items:

Other notes:

**~~ Fast Fifteen ~~**

1. What are your top 3 priorities for this week?
2. What will happen if you don't achieve these goals?
3. How will you need to re-arrange your schedule to accomplish these?
4. Are there any long-range goals you should be working on this week?