Monthly Time Satisfaction Analysis

1. Make a list of each of your major activities each month.
2. Estimate the amount of time you spend on each activity in a typical month.
3. Rate your sense of satisfaction/accomplishment for each activity.
4. Locate your 2-3 lowest rated activities, and either eliminate them from your schedule, or make substantial changes.

Priority	Activity	Satisfaction/Results
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Thought Questions:

1. Which activities make me feel *energized*?

2. Which activities do I do because I believe *"I have to do it"*?

3. Which activities would I do for free, even if they didn't pay me?

4. Which activities could be done by somebody else? Could I train someone? Is someone already in my organization who could do it?

5. Which activities could I stop doing with almost no one noticing or caring?

6. Which activities most benefit the Kingdom of heaven?

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