



HighPower Coaching: Coaching for Spiritual Development

1. Review of Key Concepts

a. The need -- The Principle of _____ (Genesis 3)

b. The Solution -- Biblical Coaching

*Get all the _____ and instruction you can, and
_____ the rest of your life.* (Proverbs 19:20)

c. Definition of Coaching

Coaching is coming alongside someone else to provide guidance through thought-provoking _____, insightful _____, & balanced _____. Coaches help other people win!

d. Goal of Coaching - _____

The purposes of a man's heart are deep waters, but a man of understanding draws them out. (Proverbs 20:5 NIV)

e. First Core Competency - _____ in



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2. Coaching for Spiritual Development

A. Why this is Important

- Walking with *God* is the first step toward effective _____.
- _____ without spiritual vitality is useless.
- Effective Christian leaders exercise _____ authority --empowered giftedness, holiness of character and deep experiences with *God*.
- Four top qualities followers want from their leaders:
 - a) _____
 - b) _____
 - c) _____
 - d) _____

(Reference: Logan, quoting, Kouzes, James M. and Posner, Barry Z. Credibility)

B. What is Unique about Spiritual Development Coaching

a. How is this DIFFERENT from other coaching goals?

- It is hard to _____
- It is very _____, so tread softly
- It is prone to 'positive _____, as it's hard to be honest about struggles
- It can result in great personal satisfaction
- It can lead to strength in _____
- It has great significance in terms of _____
- It can be a cornerstone to personal _____ success

b. How is this the SAME as other coaching goals?

- Thought-provoking _____ are still good



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- ❑ Insightful _____ are still welcomed
- ❑ Balanced _____ can help make progress

3. Key Scriptures on Spiritual Development Coaching

- Proverbs 19:20 (above)
- Proverbs 20:5 (above)

- Proverbs 8:11 "For wisdom is more precious than rubies, and nothing you desire can compare with her."

- Proverbs 9:10-12 "10 The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding. 11 For through me your days will be many, and years will be added to your life. 12 If you are wise, your wisdom will reward you; if you are a mocker, you alone will suffer."

4. Sample Questions for Spiritual Development

- 1) *What have you read in the Bible this week?*
- 2) *Which verses have most encouraged you?*
- 3) *Which verses have most challenged you?*
- 4) *What specific things are you praying for?*
- 5) *Where is your growth edge right now? Where are you growing spiritually?*
- 6) *What are one or two actions you will take this week to continue to make spiritual progress?*
- 7) *Can I ask you next week about it?*

Logan Questions:

- 8) *How many unchurched families do you have contact with? What kind of time have you spent with them this past month?*
- 9) *Does your life have integrity with unchurched people?*
- 10) *When was the last time you were able to lead someone to Christ?*
- 11) *Where does discipling fit into your schedule?*