

HOW CAN I BE GRATEFUL IN TIMES OF CRISIS?

1. DECIDE THAT _____

A. A Thankful Attitude will help you conquer bad circumstances

B. Thankfulness grows best during times of Crisis

2. DEVELOP A _____

3. _____ !

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:7)

Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. (Deuteronomy 11:18)

1st: Guard Your _____

Above all else, guard your heart, for it is the wellspring of life. (Proverbs 4:23)

2nd: Guard Your _____

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:7)

3rd: Follow _____

26 While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples ... 27 Then he took the cup, gave thanks and offered it to them (Matthew 26:26-27)

Mark 8:7 They had a few small fish as well; he gave thanks for them also and told the disciples to distribute them.